

Appendix A

SURVEY 1:

Items 1 – 36 are scored on a 5-point Likert Scale the remaining items are scored on a 7-point Likert Scale

Please rate on a scale of 1-5 how often the following statements occur: never (1), rarely (2), sometimes (3), often (4), always (5)

1. I have helped push a stranger's car out of the snow.
2. I have given directions to a stranger.
3. I have made change for a stranger.
4. I have given money to a charity.
5. I have given money to a stranger who needed it (or asked me for it).
6. I have donated goods or clothes to a charity.
7. I have done volunteer work for a charity.
8. I have donated blood.
9. I have helped carry a stranger's belongings (books, parcels, etc.).
10. I delayed an elevator and held the door open for a stranger.
11. I have allowed someone to go ahead of me in a lineup (at Xerox machine, in the supermarket).
12. I have given a stranger a lift in my car.
13. I have pointed out a clerk's error (in a bank, at the supermarket) in undercharging me for an item.
14. I have let a neighbor whom I didn't know too well borrow an item of some value to me (e.g., a dish, tools, etc.).
15. I have bought 'charity' Christmas cards deliberately because I knew it was a good cause.
16. I have helped a classmate who I did not know that well with a homework assignment when my knowledge was greater than his or hers.
17. I have before being asked, voluntarily looked after a neighbor's pets or children without being paid for it.
18. I have offered to help a handicapped or elderly stranger across a street.
19. I have offered my seat on a bus or train to a stranger who was standing.
20. I have helped an acquaintance to move households.
21. When someone else is feeling excited, I tend to get excited too
22. Other people's misfortunes do not disturb me a great deal
23. It upsets me to see someone being treated disrespectfully
24. I remain unaffected when someone close to me is happy
25. I enjoy making other people feel better
26. I have tender, concerned feelings for people less fortunate than me
27. When a friend starts to talk about his/her problems, I try to steer the conversation towards something else
28. I can tell when others are sad even when they do not say anything
29. I find that I am "in tune" with other people's moods
30. I do not feel sympathy for people who cause their own serious illnesses
31. I become irritated when someone cries
32. I am not really interested in how other people feel

33. I get a strong urge to help when I see someone who is upset
34. When I see someone being treated unfairly, I do not feel very much pity for them
35. I find it silly for people to cry out of happiness
36. When I see someone being taken advantage of, I feel kind of protective towards him\her

Please rate questions 37-56 on a scale of 1-7. 1 being not at all true of me, and 7 being very true of me.

37. When I see family members or friends feeling sad, I feel a need to reach out to them.
38. I spend a lot of time concerned about the well-being of those people close to me.
39. When I hear about a friend or family member going through a difficult time, I feel a great deal of compassion for him or her.
40. It is easy for me to feel the pain (and joy) experienced by my loved ones.
41. If a person close to me needs help, I would do almost anything I could to help him or her.
42. I feel considerable compassionate love for those people important in my life.
43. I would rather suffer myself than see someone close to me suffer.
44. If given the opportunity, I am willing to sacrifice in order to let the people important to me achieve their goals in life.
45. I tend to feel compassion for people who are close to me
46. One of the activities that provides me with the most meaning to my life is helping others with whom I have a close relationship.
47. I would rather engage in actions that help my intimate others than engage in actions that would help me.
48. I often have tender feelings toward friends and family members when they seem to be in need.
49. I feel a selfless caring for my friends and family. I accept friends and family members even when they do things I think are wrong.
50. If a family member or close friend is troubled, I usually feel extreme tenderness and caring.
51. I try to understand rather than judge people who are close to me.
52. I try to put myself in my friend's shoes when he or she is in trouble.
53. I feel happy when I see that loved ones are happy.
54. Those whom I love can trust that I will be there for them if they need me.
55. I want to spend time with close others so that I can find ways to help enrich their lives.
56. I very much wish to be kind and good to my friends and family members.

Appendix B**SURVEY #2: COMFORT AND EXPERIENCE SURVEY**

Describe your current level of comfort with the following:

	Not Comfortable at all	Slightly Comfortable	Moderately Comfortable	Comfortable	Very Comfortable
Speaking with individuals of a culture different from my own					
Communicating effectively with individuals who do not speak my language (with help from an interpreter)					
Communicating with individuals who have endured significant trauma (physical, emotional, social)					
Speaking with individuals from a country different from my own					
Speaking with individuals who have					

endured significant financial insecurity					
Listening to narratives involving significant physical and mental trauma (violence, rape, torture, persecution)					

1. Describe your perceived level of experience with the following.

	Plenty of Experience	Moderate Experience	Some Experience	Minimal Experience	No Experience
I have had ___ working with refugees in the past.					
I have had ___ speaking with people of a culture different from my own.					
I have had ___ working with an interpreter to communicate with a person who doesn't speak my language.					
I have had ___ working with individuals					

who have experienced significant trauma (physical, emotional, social).					
I have had ___ speaking with individuals from a country different from my own.					
I have had ___ speaking with people who have endured significant financial insecurity.					
I have had ___ listening to narratives involving significant physical and mental trauma (violence, rape, torture, persecution).					